### Welcome to Science in the Evening University of Maryland

Director: Dr. Joelle Presson, Ph.D, Assistant Dean.
College of Computer, Mathematics, & Natural Sciences



#### What we will do tonight

- Sign in sheet- serves as advising if you are ready to register
- Introductions
- Overview of program
- Courses and schedules
- Career goals
- Expectations of students
- Your questions- please ask, someone else wants to know the answer
- Special discussion for pre-meds re MCAT2015
- If you want follow up with me please make advising appointment, not conversation tonight



#### Introductions

- Who are you?
- SIE Director and academic advisor
  - Dr. Presson, Assistant Dean CMNS
  - Advising apt link is on SIE website sie.umd.edu
  - Email jpresson@umd.edu
- General Information
  - □ sie.umd.edu
  - CMNS Undergraduate Academic Programs Office
    - Elaine Shaw-Taylor Coordinator
      - **301-405-6892**
      - 1322 Symons Hall

#### Admissions, Registration, Billing

- email sie-oes@umd.edu
- Health Professions Advising Office
  - Prehealth.umd.edu
  - Support for SIE medical and dental school applications with 24 UMD science credits semester of application

#### **Schedule an Appointment**





#### **Nature of program**

- Started 1996
- Part-time evening, you take what you need and have pre-regs for
  - □ Courses and program follow UMD curricula, rules, schedules
  - Students are UMD part-time, non-degree seeking
- SIE courses are UMD science courses
  - □ Same courses as taken by undergraduate UMD prehealth students
  - □ SIE is NOT accelerated- the full curriculum for medical or dental school takes five academic semesters plus one summer
  - Sections reserved for SIE students- small
  - Carries reputation of UMCP undergrad courses and curriculum- UMD transcript
- Most students in SIE are interested in health professions, so we offer courses related to these interests
  - But, we serve students with a wide range of career goals.
- Course staffing
  - Faculty are UMD instructors & adjuncts.
  - TA's are usually undergraduate degree seeking science majors
- Cost
  - in-state per credit tuition rate plus pro-rated fees



#### Admission to SIE, provisional

- A Bachelor's degree from accredited university, official transcript required
- GPA 2.5
- Non-degree seeking status
- International students.. difficult
  - □ SIE will accept foreign credits as pre-requisites
  - ☐ Many professional programs do not accept foreign credits as pre-reqs
  - Many professional schools do not accept non-citizens / non residents at all



# Admission to SIE, final ... math

- Science courses at UMD require a high degree of math proficiency – ready to take calculus
  - Arithmetic
  - Exponents
  - logs
  - graphs
  - Algebra
  - trig
- By UMD policy Math preparation is measured by the math placement exam
  - ☐ MPE is taken after conditional acceptance to SIE



#### **SIE** courses

- All courses in the evening- four nights a week-
  - □ you can take two courses a semester
- undergrad Biology, Chem / Biochem, Physics courses
  - ☐ Recommended courses maximize MCAT and DAT performance and competitiveness for admission
- Basic courses offered every semester
  - Bio1, general micro, Cell biology
  - gen chem 1 & 2, orgo 1 & 2, biochem,
  - phys 1 & 2
- Other courses offered once a year
  - Bio2, Genetics, Physiology, immunology, special topics
  - □ Some course we DON'T offer
    - English, math, soc science
- All course pre-reqs must be met before registration



#### Typical schedule

- Part time, cannot do SIE full time
  - □ Even if you could do full time it would not shorten time to complete the full course sequence given the pre-requisites
- Two courses a semester
  - CHEM course MW
  - BSCI course TuTh
  - PHYS often taken in summer
- For medical and dental
  - □ Optimal preparation to take tests and apply --3 years of course work
  - MCAT and DAT are critical and cannot be rushed
- Typical program of study
  - On SIE website for medical and dental
  - Other health related programs on prehealth.umd.edu
  - For other programs consult Dr. Presson

Plan 1. Optimal preparation for MCAT with coursework starting any Fall semester					
Semester	#	Courses			
Fall	1	BSCI170 & 171 Principles of Cellular and Molecular Biology	CHEM131/132 Gen Chem 1		
Spring	2	BSCI222 Genetics	CHEM231/232 Orgo 1		
Summer Term	3	PHYS121	PHYS122		
Fall	4	BSCI223 General Microbiology	CHEM241/242 Orgo 2		
Spring	5	CHEM271/272 Gen Chem 2	BSCI330 Cell Biology		
Fall	6	BSCI Scientific Readings or other upper level BSCI BCHM463 Biochem			
		BSCI440 Physiology	STAT464 Biostat;		
Spring 7		Prepare for MCAT; Consider the UMD MCAT Preparation Program			
		May take MCAT; June Apply			
Glide year	8	Consult with Dr. Presson; take courses to improve academic record.			



# What classes should you start with?

- First semester if you have NO undergraduate science courses- for *almost* all career paths
  - BSCI70/171
  - CHEM131/132
- If you have already taken science courses
  - □ Start in a place to ensure success
  - If you have C's in past courses, should retake before moving on to the next course.
  - We do NOT recommend taking a course if you had the prereq more than 3 years ago. Retake the pre-req.
    - We will enforce this for chemistry courses
  - If you are uncertain about where to start make an apt to talk with Dr. Presson



## Day, summer, winter available to SIE studies… with restrictions

- SIE students must register for at least one SIE course in each semester at UMD to remain in program
  - You can take semesters fully off, but if you are registered at UMD you must have at least 1
     SIE course to remain in the program
- Day courses
  - □ SIE students can register first day of classes
- Summer
  - open registration to all students, but few courses in the evening
  - □ PHYS1, 2 offered in summer in evening are are manageable
  - □ Few biology courses in summer, and all meet during the day
  - I do NOT recommend chemistry in summer
- Winter
  - usually misc upper level biology & online genetics
- Day, summer, winter do NOT carry in state tuition for out of state students

# Is SIE right for you?



#### SIE is ideal for students who:

- Are career changers and need all of the course prerequisites for their graduate or professional school program
- have taken some courses but not all of them and need a flexible program to take just the courses they need
- have completed most lower level pre-requisite courses and wish to take upper level biology courses
- work while taking courses
  - No more than 40 hrs / week
  - No travel, taking work home etc



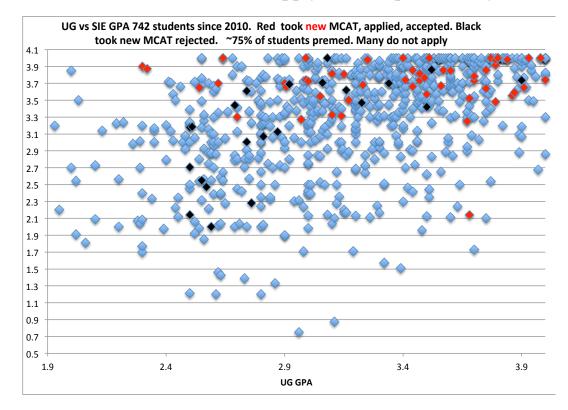
# SIE is not as useful for students who:

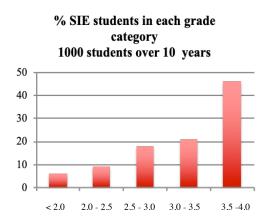
- Have taken many science courses and are looking to increase their GPA by repeating courses. These students can enroll in SIE but.....
  - □ A GPA based on 120 or so undergrad credits is hard to raise
  - SIE students typically do better in SIE then they did as undergrads, but often not good enough
  - Professional schools sometimes not impressed by repeated courses



#### How successful will you be in SIE courses?

- It depends on you
- SIE sciences courses are hard, have high expectations
- Only about 15 20% of SIE students apply to med / dent each year thru UMD. These tend to have high GPAs & test score
- Those that don't apply are taking only one course or two in SIE Or did not get the grades they hoped for
- About 60 70% of those that apply are accepted each year







# Is this the right time for you to start the program?

- Other commitments
  - □ Job
  - family
- Financial situation
- Academic preparation



#### **Advising resources**

- SIE.umd.edu
  - □ Plans of study for pre-med, predent
  - ☐ Advice for meat preparation
- General academic advising- Dr. Presson
  - □ Pre-health, pre-vet, grad school, others
  - Apts by link on SIE advising webpage
- When you are ready to apply to professional school- Health Professions Advising Office
  - □ HPAO- has restrictions on who it will serve. Check SIE or prehealth website, or Dr. Presson.
  - Prehealth.umd.edu



#### Rules, regulations

- Runs by same rules as all UMD programs
- Things like repeats, drops, adds, withdrawals all dictated by UMD rules
- Exceptions to policy petitioned by same rules that govern all UMD students
- Courses same as those taken by degree seeking students, same rules, same content



#### expectations of students

- **Courses are UMCP CMNS undergraduate courses**
- Expect to be treated like you are 19
  - Follow the rules
  - Pay attention to the expectations
  - Respect your instructors and TAs
  - Be mindful of academic integrity
- The best predictor of success is class attendance
  - Don't miss class
  - Don't come late
  - Don't expect special treatment "because I work"
    - med schools will not honor and respect our courses if we make exceptions to the standard undergrad standards rules



#### More expectations.. grading

- Grading is determined by faculty, just like it was when you were an undergrad
  - Don't expect a better grade than you earned because "you worked so hard"
  - or because your grade will keep you out of med school..
     Or..
  - Don't expect me to override faculty grading. I cannot do that in our day program and cannot do it in SIE.
- SIE courses are challenging, difficult
  - □ But you can be successful



#### **Academic honesty**

- DO NOT CHEAT
- All work handed in for credit must be done by the student
- Not copied from any other source
- In students own words, paraphrased, not quoted
- Referenced when appropriate
- All cases of suspected academic dishonesty will be handled by the UM Student Judicial Review Office



# Money issues & rules tuition, dates, etc oes.umd.edu

- SIE courses carry in state tuition
  - □ Part-time per credit charge at UM MD in-state rate
  - □ Out of state applies for summer, daytime, winter
- No financial aid
  - □ Terp payment plan: http://www.umd.edu/bursar/TPP.html
- SIE Program follows all UM Undergraduate policies
  - □ Testudo.umd.edu
  - □ E.g. drop add period, Drop with a W date, repeat policy
  - □ Exceptions to policy request go thru the CMNS Students Services Office in 1300 Symons Hall.
- SIE has special rules for paying tuition. Consult website and keep track of eamils

# General questions about program

If you want a one on one apt with Dr. Presson use link on SIE.umd.edu

# **Information for** pre-med and pre-dent students



# The application cycle, medical and dental school

- Take courses- all recommended not just those "required"
- Take MCAT or DAT in late may or early june
- Apply through central portal june
- Do secondaries over summer
- Glide year, sept through may
  - Interviews and acceptances sept through april



#### MCAT, DAT, application

- Only time to take MCAT or DAT- may june
- Only one time to apply june
- don't *plan* to apply later in summer
- MCAT tends to be conceptual, DAT tends to be fact oriented
- Practice, practice, practice
  - □ Should you pay for a prep course?



#### The glide year

- ASSUME you will have to apply again
  - ☐ Take more courses
  - ☐ Get more relevant experience
- Correct any weaknesses



# Success factors for professional

- Grades, Grades, and did I say Grades?
- Test scores
- Passion for your chosen field
- Relevant experience
- Community service
- A pleasant, congenial presence
- Being special



#### **Selling yourself**

- Why the change in career? Does it make sense?
- Your motivations for your new field
  - The role of personal experience with your new field
    - Good and bad
  - Critics of the health care system- but not too strongly
- Your accomplishments in your current field- how to think about it relative to medicine
- Making up for past mistakes
  - Rule of thumb- two solid years of mostly A work in rigorous science courses

# Med school and MCAT<sub>2015</sub>



# SIE considerations in acceptance to med school

- Undergrad GPA
- Foreign undergrad
- Need SIE GPA 3.5 or higher
- The more SIE credits the better, especially if low undergrad GPA
- Need MCAT score 505 or higher, the higher the better



#### the new medical school landscape

#### MCAT2015

- □ First offered January 2015
  - Based on HHMI Scientific Foundations for Future Physicians & input from medical school faculty
- Broader and more integrative
- Passages test ability to read and interpret scientific studies
- More topics in biology
- Biochemistry, statistics, and experimental design Physics and chemistry passages often in life sciences context
- Social science section
  - Includes neurobiology, biological basis of behavior
- Normalized scores



#### **SIE MCAT** information session

- This Saturday
- 2pm -5pm
- 0200 Symons Hall



#### the new medical school landscape

- Admissions requirements for matriculation
   Fall 2017 and beyond
  - □ Emerging slowly
  - ☐ May be move away from specific course requirements
  - □ But at the same time more courses are needed to do well on meat
  - Many schools want biochem & genetics
  - ☐ Use MSAR
    - https://apps.aamc.org/msar-ui/#/landing



#### the new medical school landscape

- AAMC best place for everything about medical school admission
  - Aamc.org
  - https://students-residents.aamc.org/applying-medical-school/taking-mcatexam
  - https://www.aamc.org/data/facts/

		Total MCAT Scores									All	
Acceptance Rate for Applicants		Less than 486	486-489	490-493	494-497	498-501	502-505	506-509	510-513	514-517	Greater than 517	Applicants
Total GPA												
Greater than 3.79	Acceptees	3	7	40	204	668	1,782	3,207	4,156	3,971	4,213	18,251
	Applicants	107	217	482	1,061	2,141	3,500	5,009	5,492	4,772	4,743	27,524
	Acceptance rate %	2.8	3.2	8.3	19.2	31.2	50.9	64.0	75.7	83.2	88.8	66.3
3.60-3.79	Acceptees	0	6	40	221	707	1,520	2,538	3,014	2,209	1,478	11,733
	Applicants	250	416	884	1,692	2,869	4,177	4,929	4,549	2,944	1,774	24,484
	Acceptance rate %	0.0	1.4	4.5	13.1	24.6	36.4	51.5	66.3	75.0	83.3	47.9
3.40-3.59	Acceptees	5	7	41	190	510	939	1,359	1,475	979	565	6,070
	Applicants	382	577	1,108	1,865	2,691	3,366	3,554	2,835	1,559	791	18,728
	Acceptance rate %	1.3	1.2	3.7	10.2	19.0	27.9	38.2	52.0	62.8	71.4	32.4
3.20-3.39	Acceptees	1	2	26	118	290	471	584	556	347	158	2,553
	Applicants	455	559	1,001	1,483	1,864	2,138	1,919	1,383	695	273	11,770
	Acceptance rate %	0.2	0.4	2.6	8.0	15.6	22.0	30.4	40.2	49.9	57.9	21.7
3.00-3.19	Acceptees	1	5	13	62	136	223	237	228	103	57	1,065
	Applicants	499	515	710	959	1,070	1,034	908	650	245	123	6,713
	Acceptance rate %	0.2	1.0	1.8	6.5	12.7	21.6	26.1	35.1	42.0	46.3	15.9
2.80-2.99	Acceptees	3	2	9	23	37	75	76	48	31	14	318
	Applicants	459	367	439	481	504	462	361	190	110	36	3,409
	Acceptance rate %	0.7	0.5	2.1	4.8	7.3	16.2	21.1	25.3	28.2	38.9	9.3
2.60-2.79	Acceptees	0	2	1	10	22	31	17	11	18	-	117
	Applicants	306	212	278	254	257	175	124	69	42	-	1,726
	Acceptance rate %	0.0	0.9	0.4	3.9	8.6	17.7	13.7	15.9	42.9	-	6.8
2.40-2.59	Acceptees	0	1	2	5	3	11	10	8	3	-	45
	Applicants	229	120	122	124	87	63	39	30	10	-	830
	Acceptance rate %	0.0	0.8	1.6	4.0	3.4	17.5	25.6	26.7	30.0	-	5.4
2.20-2.39	Acceptees	0	0	0	1	4	6	2	2	-	-	19
	Applicants	126	67	55	37	34	26	21	14	-	-	387
	Acceptance rate %	0.0	0.0	0.0	2.7	11.8	23.1	9.5	14.3	-	-	4.9
2.00-2.19	Acceptees	0	0	1	0	-	1	-	-			2
	Applicants	76	22	20	18	-	11	-	-			159
	Acceptance rate %	0.0	0.0	5.0	0.0	-	9.1	-	-			1.3
Less than 2.00	Acceptees	0	-	1	-		-		-			1
	Applicants	38	-	10	-		-		-			67
	Acceptance rate %	0.0	-	10.0	-		-		-			1.5
All Applicants	Acceptees	13	32	174	834	2,377	5,059	8,030	9,498	7,663	6,494	40,174
	Applicants	2,927	3,081	5,109	7,981	11,522	14,953	16,868	15,217	10,381	7,758	95,797
	Acceptance rate %	0.4	1.0	3.4	10.4	20.6	33.8	47.6	62.4	73.8	83.7	41.9



# UMD SIE data on MCAT vs admissions

New MCAT- about 75 SIE students have taken- out of about 300 premeds in that time Students took between 7 and 50 SIE credits

About 60% of those were accepted

Score on MCAT depends on mastery in courses- which is reflected in grades

MCAT score < 500	% acceptance 0
500 505	46
505 - 510	72
511- 515	60
516 - 523	85

